

CLOSER LOOK: 08.28.22 "YOUR INSIDES MATTER"

SCRIPTURES: Judges 11:1; 1 Chronicles 28:9; John 8: 31-32

Ice Breaker: Everyone take a turn by assigning a positive attribute to themselves with a word that starts with the same letter as their name (For example: Joyful John, Sweet Sarah, Teachable Tomas, etc.

www.celebration.church/care for information on Christian Life Coaching

Message Notes:

- Life is a mental health challenge
- Life is lived from the inside out
- Life is a uniquely personal journey
- Life is better when lived in truth & reality
- Gods sees our insides first
- God knows your story
- God wants you talking
- God wants you strong on the inside
- God wants you healed emotionally

Prayer:

Lord-I know you want the best for me and that includes peace in the midst of my situation. Your word says that love casts out all fear. Show me your love this week. In Jesus name-Amen

Questions:

- Have you ever experienced rejection from your community of acceptance? Many people often find a 2nd community of acceptance which can be a good or bad experience. Everyone take a moment to share on a time you may have sought acceptance elsewhere and its result.
- 2. The "real you" is not what you are saying, it's what you are thinking. When you think of yourself, what are thoughts that consistently come up? It may surprise you to learn you are not alone. Commit to covering one another in prayer this week

What's Coming Up:

- Pursuit Night Sept. 7
- WAVE Nights Sept .14
- XO Marriage Conference Sept 23
- Baptism Orientation Sept 25
- https://rock.celebration.church/events