

CLOSER LOOK: 07.10.2022

LETTING GO OF REGRET

SCRIPTURES: Prov. 24:16, Rom. 3:23, Matt. 11:28-30, Heb.10:28-29, Luke 22:31-34, Luke 22: 54-62, 1 Peter 1:13-21, John 21:1 - 18; Philippians 3:13-14; Matthew 27:3-5; Matthew 21:43

Ice Breaker Question: What is a funny story of regret from your life? (e.g. A meal you recall? A social encounter? etc.) What are some ways people mask regret in their life?



Message Notes:

REGRET CAN:

- Regret can take you out Matt.27:3-5 (Judas)
- Regret can wear you out Luke 13:10-11 (Woman with a spirit of infirmity)
- Regret can knock you out John 21:3 (Peter)
- Regret can't keep God out John 21:1.

- How do we learn to "LET IT GO"
- "Do not be conformed into your past regrets/disappointments," Ps Joe Champion
- Luke 22:31-54, The rooster crows...perhaps God is doing this in our life, crowing to remind us and draw us back

Questions:

- 1. Are there areas where you have been burdened and heavy? What have you learned from carrying it? What might cause you to release that to Christ? What does that process need to look like, practically?
- 2. What do we learn about Jesus and our failures in John 21:4-18?
- 3. Like Peter, we have all failed God in some way. Pastor Joe mentioned "Forgiveness is more powerful than regret" in his message. How do we see that in Peter's life after he accepted Christ's forgiveness?
- 4. Share a time when you felt like Peter and regretted a bad decision but accepted God's forgiveness and restoration.
- 5. You are what you confess...Peter denied Christ 3x's, but Christ had him confess 3x's "do you love me? Yes I love you." You will become/believe what you confess!! What needs to be your confession?
- 6. In Matthew 21:43, we see that the Kingdom way is to make sweet fruit from our past. If you were to dream about the fruit that your life could produce what would that look like? How might your life provide fruit to help others?

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Ice Breaker Question: What is a funny story of regret from your life? (e.g. A meal you recall? A social encounter? etc.) What are some ways people mask regret in their life?



Prayer:

Dear Lord...Lord, thank you that I do not have to live in regret because of your forgiveness of all my sin. Thank you for the power of the cross and the restoration you provide. Help me to remember how you view me, no matter what mistakes I make. You see me holy, loved, chosen, blameless, and forgiven. I may feel that people don't know what I did, but you do and I will not insult your spirit of grace by receiving forgiveness that came through your sacrifice. AMEN

What's Coming Up: JULY 16: ARC Serve Saturday

- JULY 20-22: WAVE Student Conference
- AUGUST 24: GT Baptisms
- AUGUST 3: Pursuit Night
- https://rock.celebration.church/events